

World Religions
Video: Buddhism – Viewing guide

1. What was the importance of the Bodhi Tree?

2. Who or what is “Mara?” Why does Mara fear Siddhartha?

3. What do you think the “demon army” represents?
Can you give some examples from your own life?

4. How does Siddhartha’s “cosmic vision” reflect his cultural origins?

5. Why was the Buddha afraid to teach enlightenment? Why does his first attempt fail?

6. How did the sermon in the deer park help you understand the concept of enlightenment?

7. How does desire cause suffering, according to the Buddha?

Your questions

8. The “eight-fold path” is Buddhist dharma. How does this differ from Hindu dharma?

9. What is the purpose of a Sangha?

10. What is the purpose of meditation? How does this help with dealing with emotions?

11. How does the film compare water to the “self”? How does this differ from the Buddhist view of the true self?

Your questions